

# I.A.D.R.S. Annual Basic Scuba Skills Evaluation



Diver's Name: \_\_\_\_\_ Department: \_\_\_\_\_

Air Consumption: Start \_\_\_\_\_ psi / Finish \_\_\_\_\_ psi Time: Start \_\_\_\_\_ / Finish \_\_\_\_\_ / Total \_\_\_\_\_

Water Depth: \_\_\_\_\_ Pool / Open Water (circle one) Examiner: \_\_\_\_\_

Task grading: S = Satisfactory N = Needs Improvement (specify) N/A = Not Applicable (use for equipment only)

## Equipment Handling and Set-Up

- \_\_\_\_\_ - properly assembles equipment (basic gear / specialty gear)
- \_\_\_\_\_ - shows familiarity and comfort with equipment
- \_\_\_\_\_ - properly protects equipment (i.e. tank valve / regulator)
- \_\_\_\_\_ - review (line & hand signals / air consumption rates / buddy awareness / emergencies / diver log)

## Watermanship Skills

- \_\_\_\_\_ - 500 yard continuous forward stroke swim - no swim aids for time (refer to grading criteria)
- \_\_\_\_\_ - 15 minute tread / last 2 minutes with hands out of water (refer to grading criteria)
- \_\_\_\_\_ - 800 yard snorkel swim (refer to grading criteria)
- \_\_\_\_\_ - 100 yard inert diver rescue tow (refer to grading criteria)

## Skin Diving Skills

- \_\_\_\_\_ - mask clearing
- \_\_\_\_\_ - snorkel clearing (popping & expansion)
- \_\_\_\_\_ - snorkel without mask (led by partner, 1 lap)
- \_\_\_\_\_ - fin kicks (flutter / dolphin) one length each, using mask and snorkel
- \_\_\_\_\_ - in water surface dives (head first / feet first)

## SCUBA Diving Skills

- \_\_\_\_\_ - entries (giant stride / seated or controlled entry)
- \_\_\_\_\_ - neutral buoyancy control (oral / power) inflation
- \_\_\_\_\_ - dry suit buoyancy control and emergency procedures (i.e. hose disconnect or flooding)
- \_\_\_\_\_ - regulator clearing (blowing / purging) and retrieval
- \_\_\_\_\_ - regulator without mask (led by partner, 1 lap)
- \_\_\_\_\_ - full face mask (removal / switch to regulator / clearing full face mask / replace full face mask)
- \_\_\_\_\_ - descent procedures (signal / check time & air / raise inflator hose / feet first descent / clear ears)
- \_\_\_\_\_ - ascent procedures (signal / check time & depth / + buoyancy / raise inflator hose / ascend @ 20ft/min)
- \_\_\_\_\_ - air sharing at depth and during ascent
- \_\_\_\_\_ - buddy breathing at depth and during ascent
- \_\_\_\_\_ - emergency swimming ascent procedures (simulate out of air / signals / ascends / continuous exhaling / surfaces / inflates BC orally using bobbing technique)
- \_\_\_\_\_ - emergency buoyant ascent procedures (simulate out of air / signals / drops weights / ascends / continuous exhaling / surfaces / inflates BC orally using bobbing technique)
- \_\_\_\_\_ - weight belt (removal / replacement) on surface and bottom
- \_\_\_\_\_ - buoyancy control device (removal / replacement) on surface and bottom
- \_\_\_\_\_ - OPTIONS: Blackout Mask / Night Dive / Navigation / Confidence Obstacle Course

## Performance

Comments: \_\_\_\_\_  
\_\_\_\_\_

## Equipment Care and Storage

- \_\_\_\_\_ - properly disassembles equipment
- \_\_\_\_\_ - cleans and restores equipment properly